



February, 2012

Volume 2, Issue 5

Olds Skating Club Newsletter

“For Fun, Fitness & Achievement”

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Check OFSC Bulletin Boards for ongoing information.

- Auxiliary Ice Viewing Area
- Lower Arena Hallway
- Upstairs Entrance

Contact OFSC

Lisa Land

President

403-335-9629

E-mail: oldsskate@hotmail.com

Visit our web site at
www.oldsfigureskatingclub.com



CARSTAIRS ICE FEST COMPETITORS

Front Row (L to R); Allison Mertens, Madison Byrt, Jaida Dollo, Gracie Hodgson, Lauren Mertens

Back Row (L to R): Hayley Hall, Cadence Wenc-McIntyre, Allison Land, Samantha Powell

January 27-29 saw 9 club skaters go to Carstairs for **“ICE FEST”**. Along with Coaches, Charley Whittemore, Carol McLean-Pion and Jacqueline Berild, we congratulate each of these skaters on their accomplishments. **EVERYONE** placed!!!

Friday saw Samantha Powell, gold, in Introductory Elements and Allison Land, bronze in Preliminary Elements.

Saturday brought Hayley Hall, gold in Pre-preliminary Solo Dance.

Sunday had the most action. We saw Madison Byrt bronze, in CanSkate 3. Allison Mertens and

Jaida Dollo, gold, in CanSkate 4. Cadence Wenc-McIntyre, gold, CanSkate 6. Lauren Mertens and Gracie Hodgson, gold in CanSkate 7.

These 2 ladies also competed in the Can-Skate Program and received bronze and gold respectively.


WAY TO GO SKATERS! We hope you enjoyed yourself and will continue to work at your sport.

You Make the Olds Skating Club PROUD!



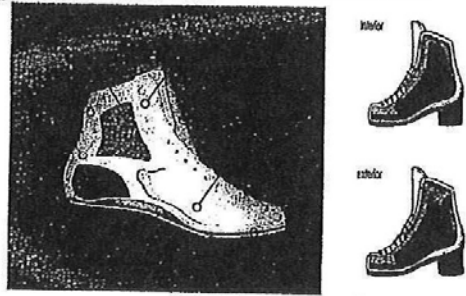

BOOT & BLADE FACTS

BOOT CARE & MAINTENANCE

- Chemicals from the foot soak into the leather causing breakdown of the leather. This is the main reason that skates smell.
- After skating, the skates should be dried off.
- The skates should not be left in a skating bag in a locker in the arena.
- The skates need to be taken home and removed from the bag.
- Take off the soft guards and hang up the skates to allow air to circulate around them to dry.
- Skates that are dried regularly will last longer.



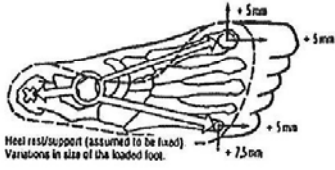
Proper Fit


DISTORTION OF THE FOOT IN A BOOT

While enclosed within a boot, the width of the foot may extend by as much as 12mm (half an inch). When flexed, there will be:

- an increase in volume around the ankle bone or bones of approximately 2mm (1/8th of an inch)



Heel rest/support (assumed to be fixed)
Varies in size of the loaded foot.



Improper Fit







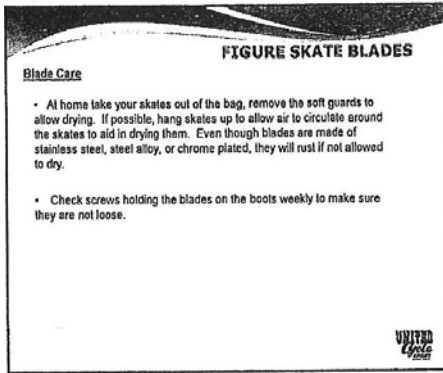
FIGURE SKATE BLADES

Blade Care

- Always wear your hard skate guards when walking to and from the change room and the ice surface. Grit and sand in the hallways will cause nicks in the blades resulting in more sharpenings, which relates to premature wear.
- When on the ice do not go into players or penalty benches which may have grit on the floor and possibly nails or screws sticking up.
- After removing skates take off hard guards dry off the blades and put on a pair of soft guards which will remove any remaining moisture and protect the blades.
- Take your skates home DO NOT leave them in lockers at the rink as they do not dry in the lockers.



BLADE FACTS



Club Jackets / Pants

We will be ordering club jackets in the near future!

We would like to have them available for upcoming competitions.

We will be using D&S for our logo embroidery.

We hope to have the sample jackets at the arena this month.

Please talk with Charlsey if you are interested in ordering any. She and Karmen Hodgson are our contacts.

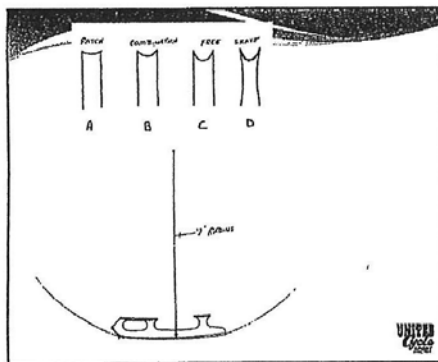
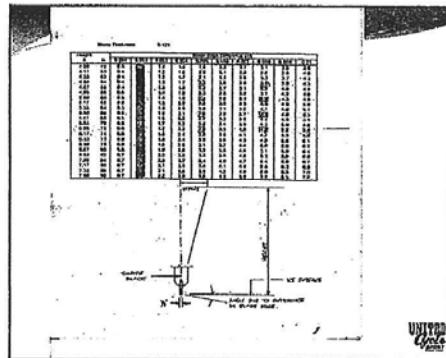
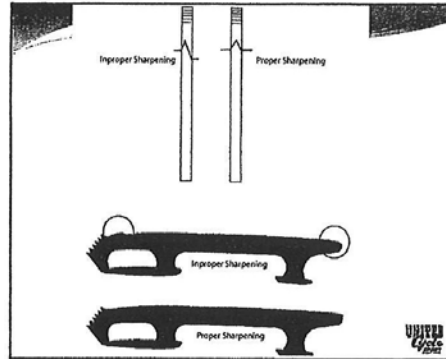
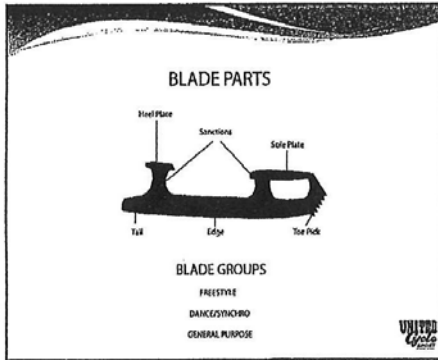
Any other skaters who would like one, but not this year.....we will be placing an order next fall to have them for the 2012-2013 season.

Check us out at registration in the fall of 2012!

Information brought to you by Unite Cycle, in Edmonton.

We're on the Web
www.oldsfigureskatingclub.com

BLADE FACTS



Issues that cause alignment problems

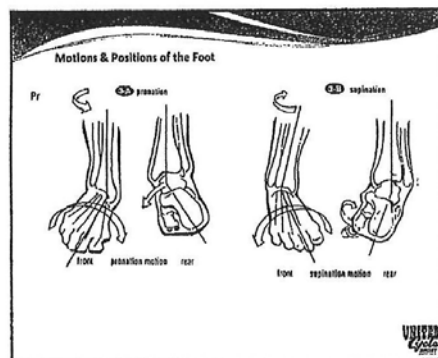
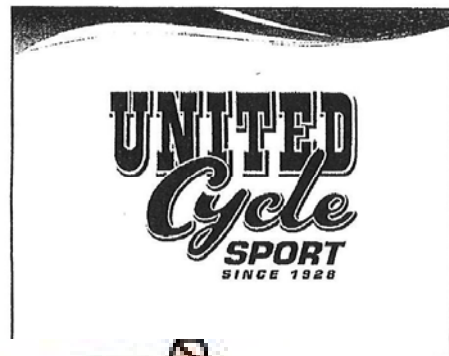
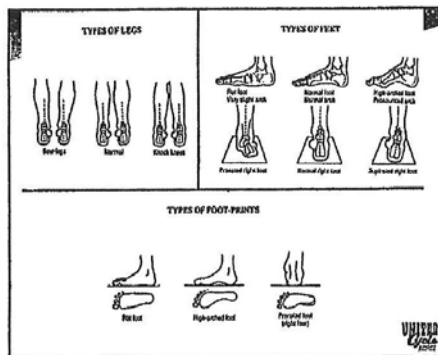
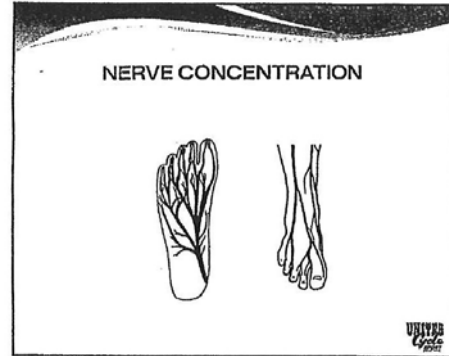
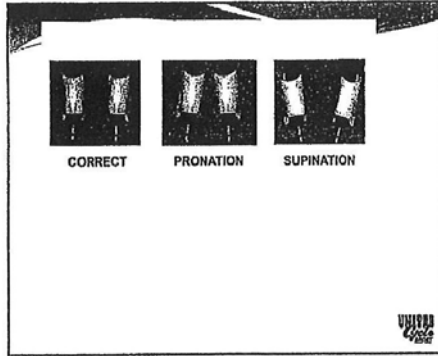
- Boots not fitting correctly – too big
- Boots not providing enough support – too soft in the uppers
- Boots that are broken down
- Blades mounted improperly on the boot

The Unite Cycle logo is in the bottom right corner.

Information brought to you by Unite Cycle, in Edmonton.

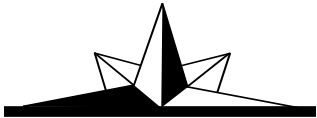
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OFSC Minutes

Any club member wishing to receive OFSC meeting minutes, can contact

Denise Hodgson
556-1478

?????? Need Volunteer Hours ??????
Do you have a passion to try new things?
Why not try a position on the OSC executive.
Talk to anyone of them to find out more information.

AGM will be held February 27, 2012 @ 5pm Arena Concourse

Come vote for new Executive Board Members .
We need NEW ideas and NEW directions.
COME AND HAVE A SAY ABOUT YOUR CLUB.

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- President: Lisa Land
- Vice President: Shannon Mertens
- Treasurer: Andrea Mix
- Secretary: Denise Hodgson
- Test Chair: Pauline Berild
- Membership/Volunteer Registration :
Melanie Robb, Tietisa Huyzer
- Fundraising/Website: Kathi Chant
- Publicity/Casino: Shannon Powell
- Carnival Co Chairs: Jamie Petersen



Are you interested in organizing a
Costume Bank
sell off?

We would like to see this happen the beginning of March. The organizer would need to plan the when, where, how. I (Shannon Powell) would help with publicity. Just let Tietsia or Shannon Powell know if you would like to take this project on. A great way to get your volunteer hours.

We have a **variety** of costumes. Some are **vintage**, some are **new**.

Come Check it out!
Plan for next years Halloween costume.



**BLADES OVER
BROADWAY
CARNIVAL**
March 25, 2012 @ 2pm

We are in need of a Co Chair for this event!
Please contact Jamie Petersen if you are interested - 403-556-6913.

Volunteers needed to produce a showcase stopper for parents, families, friends and community members. What would you like to do? CHECK THE FOLLOWING OUT.....

UPCOMING:	Dress Rehearsal:	Carnival Day:
Costume Chair	Dressing Room Lead	Dressing Room Lead
Group Lead	Photographer	Group Lead
Group Costume Lead	Photographer Assistant	Makeup Artist
Fundraising	Costume Volunteer Chair	Ticket/Program Sales
Publicity	Group Lead	Music Player
Decorations	Group Costume Lead	Announcer
Volunteer Coordinator for Carnival	Makeup Artist	50/50 Sales
		Raffle Items
		Flower Sales

These may change
Watch the sign up board!

Tentative Skating Groups

- CanSkate Group1-4 —Cats, Spider Man, Peter Pan, Nutcracker
- CanSkate Group + 1-3—Wicked, Mary Poppins, Anything Goes.
- StarSkate Group 1—Chicago (opening)
- StarSkate Group 2—Hairspray (finale)
- Individual Skaters — Up to 11 StarSkaters. Various songs. It will be up to individual skaters to coordinate costumes with Costume Chair.





**FOR FUN,
AND
ACHIEVEMENT**

Feb 13 /12	Valentines Skate
Feb 14 / 12	Low Test— Crossfield
Feb 21 /12	Low Test—Didsbury
Feb 20 /12	StarSkate only (Carnival Practice, 4:45-7:45)
Feb 22 /12	CanSkate & StarSkate at usual time.
Feb 23 /12	NO SKATING
Feb 27 /12	AGM Come out and vote at 5pm for your next Executive.
Mar 12 /12	High Test—Airdrie
Mar 25/12	Winter Carnival
Mar 28/12	Last Day of CanSkate
Mar 30,31	Chinook Open Lethbridge
April 1 /12	Chinook Open Lethbridge



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